

NASWPC NEWS



WINTER EDITION

Welcome to the third quarterly NASWPC newsletter – keeping you up to date with all NASWPC related news.

COACHES CORNER

SWIMMING UPDATE FROM HEAD COACH KEV

January competitions kicked off on the 10th January 2026 at the Plymouth Life Centre with 6 individual swims in the 100IM, all achieving PB's! This was followed by the Devon County Interclub where we finished 8th. Well done to all of our swimmers, you did an amazing job!



WATER POLO UPDATE FROM HEAD COACH ROGER

Sadly, at the AGM, we saw our Water Polo Secretary, Sophie, stand down after a number of years. Sophie became our Secretary during Covid, and was instrumental in ensuring that we were compliant at the time. She set up our present administrative system and served us exceedingly well. The whole of water polo want to say a huge thank you to her for all the work she did for us. We welcome her successor, Mary, to the Team, she is already getting to grips with our 2026 season, which promises to be busier than 2025!



CLUB KIT - VX3

We have a large selection of kit available via the VX3 website. All items can be personalised if required. Please follow the QR code below to go straight to the range. We also have items available from poolside directly such as swimming hats and kit bags.

Please email clubshop@naswpc.co.uk for further info.



IMPORTANT INFORMATION

Please take a look at the club swimming gala calendar below as there are some changes.

January - Devon County Championships, Devon Interclub and Devon Relays

February - East Devon Mini League Round 1

March - East Devon Mini League Round 2, Two Counties in Plymouth, and LL4 Dartmoor Sprints in Exmouth Open meets

April - East Devon Mini League Round 3

May - Williams Shield, Junior Arena League Round 1, Paignton Open meets sprint

June - Devon County Developments and Sprints, Scott Ormsby, Junior Arena League Round 2

July - Junior Arena League Round 3, Devonport Sizzler, NASWPC Club Champs

Summer Break

October - Arena League round 1 / Tiverton Sparkler, West Dorset open meets

November - Arena League round 2, NASWPC ribbon gala

December - Arena League round 3, skins, Plymouth and City of Bristol open meets

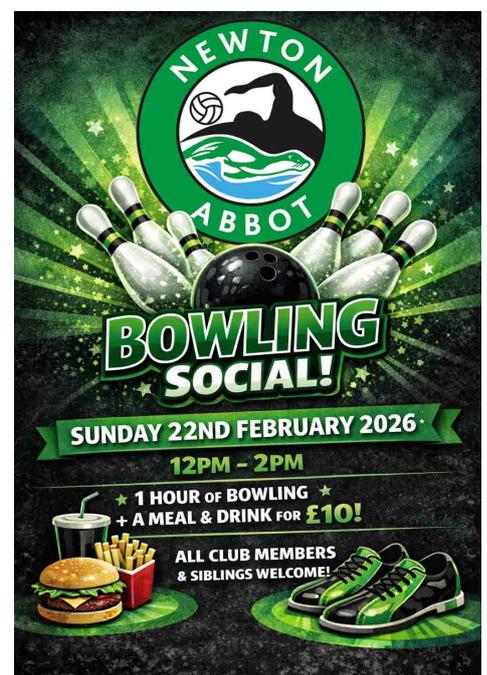
Our own Club Champs will this year be held in June / July (dates to follow) and our own Ribbon Gala will be held in Oct / November (dates to follow) - this is a change from the normal calendar.

SAVE THE DATE

Bowling social - 22nd February 2026

Swimming celebration evening - 12th September 2026

Water polo celebration evening - 9th January 2027



DO YOU WANT TO TRY WATER POLO?

FREE TASTER SESSIONS AVAILABLE

EVERY SATURDAY 4PM

AT NEWTON ABBOT LEISURE CENTRE

WITH NEWTON ABBOT SWIMMING

AND WATER POLO CLUB



- Try a fun new team sport
- No experience required
- Ages 6 -18 (adult sessions also available)
- Email: waterpolo@naswpc.co.uk to book
- Find out more at www.naswpc.co.uk



MEET THE COACHES



Kevan is our Head Coach with specific responsibility for our Senior swimmers. He is a L2 teacher and L2 coach. Kevan joined NASWPC this year from Teignmouth and Dawlish with 20 years coaching experience in clubs, including NASWPC.



Hayley is a L2 teacher and runs our Mini Development section.



Freyja, Alice and Gracie are L1 teachers who help in our Mini Development section.



Roger is our senior water polo coach and has been coaching for over 30 years. He comes with a wealth of experience and is a senior member of the water polo community regionally. Roger is a L2 coach as well as a local referee and official.



Tom is a L2 Coach and also a referee locally for local competitions. Tom mostly coaches the U15 squads.



Helen is a L1 Coach and works with our U15 and U17 squads.



Clare is a L2 coach and has a special interest in coaching our U13 squad. You will hear her cheering on the team from the coaches corner and is popular with the entire squad. She is a huge asset to the club.

A WORD FROM OUR CHAIR AND NEW EDI LEAD

CLUB CHAIR

Hello, as many of you will know, my name is Claire Corry and I was elected as the new Chair of NASWPC at the AGM on the 27th of November 2025. I have been involved with the club for many years and have 2 sons that are passionate swimmers, both of which have also been involved in water polo in the past. I will have no doubt met many of you on the spectator benches at various galas etc. and look forward to meeting many more of you over the coming months.



NASWPC runs deeply throughout my entire family, and I am committed to ensure that this club goes from strength to strength, working with both the committee and also the membership to ensure that we provide the best service possible and the best experience possible for our swimmers. Swimming clubs nationally are facing a turbulent time and we are not without our challenges either but with a strong swimmer base and an even stronger community connection I have no doubt that our club will go from strength to strength and produce many more national qualifying swimmers and nationally ranked water polo teams. I look forward to the rest of what has already been an exciting and high achieving season.

EQUALITY, DIVERSITY, AND INCLUSION (EDI) LEAD

My name is Emma and I have already met many of you as the existing Club and Social Secretary. I have recently been added to the Swim England South West Board of Directors as the Equality, Diversity and Inclusion Lead (EDI) and also sit on the Regional Club Development Committee and Regional EDI forum and am committed to ensuring that all swimmers, irrespective of background, race or mental or physical impairment have the same access to swimming and same club experience. I am available to speak to any of you if you believe that your swimmer is experiencing challenges with which we could help and have already emailed the membership to ask for feedback. I look forward to working with you all to drive forward improvements in this vitally important area.

